

# Weekly Meal Planner for Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Dish:	Main Dish:	Main Dish:	Main Dish:	Main Dish:	Main Dish:	Main Dish:
Starch:	Starch:	Starch:	Starch:	Starch:	Starch:	Starch:
Vegetable:	Vegetable:	Vegetable:	Vegetable:	Vegetable:	Vegetable:	Vegetable:
Fruit:	Fruit:	Fruit:	Fruit:	Fruit:	Fruit:	Fruit:
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
Shopping List	Shopping List	Shopping List	Shopping List	Shopping List	Shopping List	Shopping List